

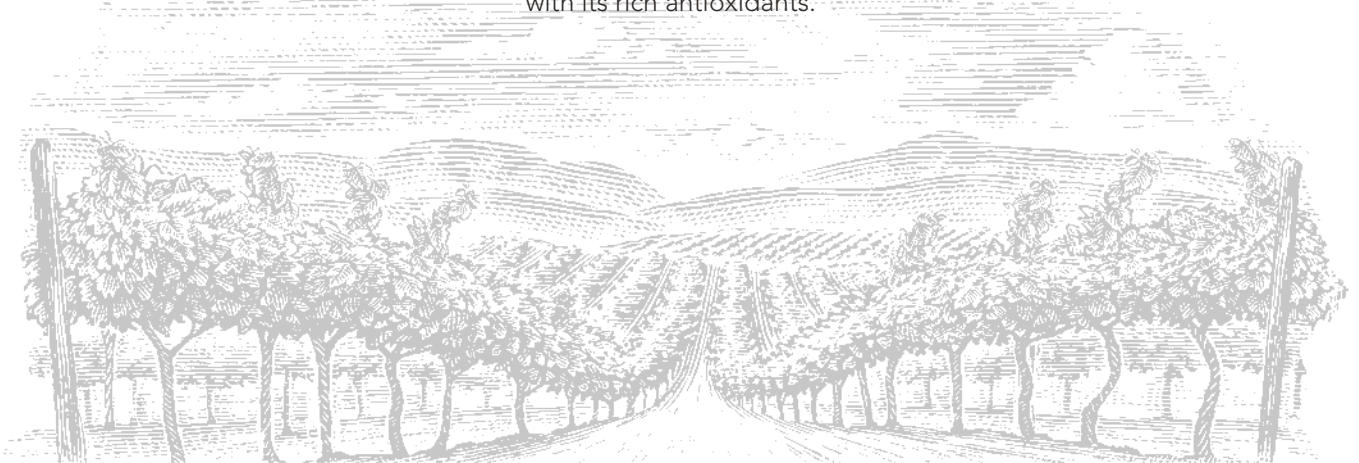


## EXPERIENCE MENU

Step into Spa Minérale at Lansdowne, where your relaxation and renewal of mind, body and soul is our inspiration. Treat yourself to a day or a weekend to immerse in the good life with wine inspired spa treatments, classic and innovative therapies and salon treatments. Bring that special someone for a romantic retreat in our Couples' Suite or wind down after a day on the course.

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Our spa captures ingredients and remedies local to Loudoun County in a luxurious way, including vinotherapy treatments, brought to you by local Virginia wineries. Whether you are a Chardonnay or Cabernet lover, our signature spa treatments, from facials to massages and nail treatments, use the free radical fighters found in grapes, to help revitalize and awaken the skin with its rich antioxidants.



## FACIALS

### MINÉRALE LUXE CAVIAR AND ROSE FACIAL

80 Minutes, \$250

A decadent, luxurious, and deeply restorative facial that bathes the skin in mineral-rich Caviar and softening Rose Damascena. These exclusive ingredients infuse the skin with age-defying nutrients to smooth fine lines, tighten, and improve texture. An advanced AcuLift Massage technique and intensive repair ampoule visibly firms and tones as a Marine Biomatrix facial mask provides intensive hydration to instantly restore radiance. Results are immediate, leaving skin looking supple, healthy and luminescent! Includes a soothing scalp massage, and quenching hand and foot treat for maximum relaxation.

### ADVANCED REPAIR FACIAL

50 Minutes, \$175

80 Minutes, \$225

This results-oriented treatment is customized to address specific skin conditions. From hyperpigmentation to sensitivity, oily skin to premature aging, this personalized facial helps treat and correct skin concerns. Includes a multi-acid professional exfoliation treatment on the face, neck, décolleté and hands to renew the skin, an aromatic nourishing facial massage, and an anti-inflammatory chitosan peel off masque to reduce reactivity and nourish the skin. A quenching hand treatment completes the experience.

### DEEP CLEANSING BOTANICAL FACIAL

50 Minutes, \$155

A nutrient rich maintenance facial treatment that our estheticians customize depending on your skin type and concerns. Includes professional fruit enzyme exfoliation to renew the skin, a deep-cleansing plant essence massage to promote healthy circulation, extractions to deeply cleanse and purify, and a personalized masque to balance and nourish the skin.

### VINOTHERAPY FACIAL

50 minutes, \$165

Refresh your skin with rejuvenating Red Wine Therapy. An AHA/BHA fruit and wine peel saturates skin in a healthy cocktail of antioxidants, helps to eliminate clogged pores, brightens, and encourages cellular turnover rate. Increase the vitality of your skin with this strengthening and smoothing treatment for a more revitalized complexion. Includes a house-made wine lee anti-aging hand treatment.

# FACIAL TREATMENT ENHANCEMENTS

\$30 each, upgrades potency of treatment without extending timeframe

## PURE VITAMIN C AMPOULE

A highly effective, dual-function, patented form of Vitamin C has potent antioxidant properties and offers proven anti-aging and skin brightening functions for the ultimate radiance boosting, collagen stimulating treatment enhancement. Includes a second application for home use.

## EYE FOCUS

This anti-aging eye treatment safely and effectively exfoliates, lifts, and firms the eye area with multiple peptides, combined with advanced antioxidants and skin hydrators, to drastically plump up fine lines and wrinkles around the eye area.

## LAVISH LIPS

This reparative lip treatment exfoliates, moisturizes, and firms the lip area with advanced antioxidants, peptides and skin hydrators, to refine fine lines and wrinkles around the mouth, while leaving lips kissably soft.

## HYDRATING HAND OR FOOT MASK

An eco-friendly hand or foot paraffin alternative that deeply warms, nourishes, and hydrates the skin on the hands and feet.

## BODY TREATMENTS

### MINÉRALE BOTANICAL RENEWAL EXPERIENCE

Individual Treatment: 110 Minutes, \$310

Duet Treatment: 110 Minutes, \$320 per person

Earthy mineral salts, aromatic essential oils, and steaming towels combine for an invigorating body exfoliation, followed by a tranquil essential oil hot stone full body massage to prepare you for deep relaxation inside a cocoon of cozy linens. While you rest, a warm aromatherapy oil pressure point scalp and hair treatment is followed by a luxurious rosemary foot massage to complete this head-to toe ritual.

### BETTER WITH AGE BODY WRAP

Individual Treatment: 50 Minutes, \$165

Duet Treatment: 50 Minutes, \$175 per person

Like a fine wine, we all get better with age, but we don't always like to show it! After an invigorating dry brush exfoliation, youth-extending wine lees are hand blended into a moisturizing and skin re-generating burdock and echinacea body wrap. Wine lees are a natural byproduct from the wine making process, comprised of crushed grape seeds and skins, which are rich in nutrients, amino acids, and minerals. The deeply moisturizing body wrap is massaged into the skin, and cocooned in warm linens. An aromatic tension relief pressure point scalp massage is performed as the replenishing botanicals permeate the skin. Wonderful when paired with our Delicate Flower Body Buff treatment!

### VIRGINIA HERBAL MUD MASQUE

Individual Treatment: 50 minutes, \$165

This rich body masque soothes and cleanses the body and mind. The natural exfoliating, anti-inflammatory, and healing properties of select clays are blended with botanicals local to our spa, including marigold, cornflower, and St. John's Wort. The warm mud is liberally applied to the body, forming a masque allowing nutrients and anti-oxidants to be absorbed into the skin – detoxifying, firming, hydrating, and healing as it penetrates. After a cleansing multi-jet shower, return to the treatment table for an application of detoxifying plant oils.

### DELICATE FLOWER BODY BUFF

Individual Treatment: 50 minutes, \$165

A creamy, aromatic body scrub with chamomile and gentle buffing grains sweeps away dull surface cells, leaving even sensitive skin types feeling smooth, refreshed and hydrated. After a cleansing multi-jet shower, return to the treatment table for an application of luxuriously hydrating flower oils and essences. Wonderful when paired with our Better with Age Body Wrap, or any of our massage therapies!

# MESSAGE THERAPIES

## THERAPEUTIC MASSAGE

Individual Treatment: 50 Minutes, \$155

Individual Treatment: 80 Minutes, \$215

Duet Treatment: 50 Minutes, \$165 per person

Duet Treatment: 80 Minutes, \$225 per person

Traditional full-body massage that increases circulation and induces natural relaxation. Long, smooth strokes soothe muscles for an all-over sensation of well-being, allowing the body to be in a rested state.

## MAGNESIUM WELLNESS MASSAGE

Individual Treatment: 50 Minutes, \$160

Individual Treatment: 80 Minutes, \$220

Duet Treatment: 50 Minutes, \$170 per person

Duet Treatment: 80 Minutes, \$230 per person

Magnesium is responsible for promoting healthy energy levels, sleep, muscle function and overall well-being. This nourishing massage treatment delivers the power of magnesium to promote detoxification and replenish commonly deficient levels. Warm mineral compresses and a unique remineralizing body cream enhance this therapeutic massage experience.

## ESSENTIAL RIVER STONE MASSAGE

Individual Treatment: 75 minutes, \$220

Duet Treatment: 75 Minutes, \$230 per person

A deeply soothing and sensorial treatment enhanced by the use of smooth heated basalt stones and your choice of therapeutic essential oils. This treatment relieves muscle pain, aids in relaxation, and relaxes the tissues, allowing for deeper tissue work without increased pressure.

## FRUIT OF THE VINE MASSAGE

Individual Treatment: 50 Minutes, \$160

Individual Treatment: 80 Minutes, \$220

Duet Treatment: 50 Minutes, \$170 per person

Duet Treatment: 80 Minutes, \$230 per person

Grapeseed oil and botanicals mingle with calm including essential oils, and anti-aging local wine lees during this deeply relaxing and skin nourishing massage with anti-aging benefits. Wine lees are a natural byproduct from the wine making process, comprised of crushed grape seeds and skins. The lees contain natural yeast sugars called polysaccharides, which hydrate and plump the skin, along with nourishing amino acids that contribute to smoother and younger looking skin. The addition of these uniquely local ingredients allow our talented spa therapists to build on a traditional spa service, and elevate it to include effective full body anti-aging benefits.

## BOTANICAL SENSORY MASSAGE

Individual Treatment: 50 Minutes, \$160

Individual Treatment: 80 Minutes, \$220

Duet Treatment: 50 Minutes, \$170 per person

Duet Treatment: 80 Minutes, \$230 per person

Renew and refresh body, energy and spirit with this therapeutic Swedish massage treatment featuring steamy eucalyptus compresses and your choice of aromatic massage blends.

# MESSAGE TREATMENT ENHANCEMENTS

\$20 each, upgrades potency of treatment without extending time frame

## DEEP TISSUE THERAPY

Your therapist will enhance any of our massage treatment offerings with a firmer touch, acupressure, compression, and/or myofascial release techniques.

## HOT STONE TEASER

Your therapist will include relaxing hot stones when massaging your back and large muscle groups.

## BOTANICAL BACK BUFF

A skin smoothing exfoliation for the difficult to reach back area, which also stimulates detoxification and circulation to the tissues.

## AROMATHERAPY HOT OIL HAIR AND SCALP MASK

Wild lavender oil and an Intensive Hair Repair Mask featuring keratin amino acids deeply nourishes dry, damaged hair, restoring moisture, strength and flexibility.

## NAIL CARE

### CABERNET CACAO MANICURE AND PEDICURE

Manicure: \$45

Pedicure: \$75

A decadent treatment, designed to revitalize and awaken dull skin. A revitalizing crushed grape scrub gently exfoliates to reveal smoother, brighter skin, and a warm aromatic chocolate infused moisture mask and revitalizing massage maximize the pampering. Finally, choose your favorite lacquer color or opt for a natural nail buff finish.

### FANNY'S GARDEN MANICURE AND PEDICURE

Manicure: \$35

Pedicure: \$65

Inspired by one of the original inhabitants of our property, 36-year-old widow Fanny Lee, a mother of 8 young daughters who farmed and maintained the estate after her husband's passing. Mirroring farm-life, our featured scrub and soak ingredient offerings change with the seasons and harvest. Pick out your favorite traditional formula lacquer shade or opt for a natural buff finish.

### REVITALIZING FOOT AND LEG THERAPY PEDICURE

\$80

Essential for sore, tired feet and lower legs, circulation issues, or overall fatigue, this re-mineralizing and energizing pedicure helps to stimulate circulation and revive tired feet. Featuring invigorating rosemary, eucalyptus, pine, and lavender the feet are soaked, thoroughly exfoliated, and massaged with warm river stones and a therapeutic foot and leg balm. Select your favorite traditional formula lacquer color or opt for a natural nail buff finish

### EXPRESS MANI OR PEDI \$25

Sometimes there is no time to scrub, no time to rub! This simple offering features nail shaping and traditional formula polish application or buff.

### DIP POWDER MANICURE \$65

The new and light nail dipping system allows for a brush-on gel to be the base coat for dipping the nails into your favorite colored acrylic powder, creating a natural looking and long-lasting effect for up to two weeks.

### GEL POLISH ADD-ON

Manicure add-on \$15

Pedicure add-on \$20

Enhance and extend your favorite Spa Minérale Mani or PEDI service with long-wearing gel polish.

### FULL SET TIPS WITH DIP POWDER MANICURE \$95

### FULL SET TIPS WITH GEL MANICURE \$95

### GEL POLISH OR DIP POWDER REMOVAL \$10



# HAIR

SHAMPOO AND BLOWOUT	\$60	FULL FOIL HIGHLIGHT	\$150
LONG HAIR SHAMPOO AND BLOWOUT	\$80	LONG HAIR FULL FOIL HIGHLIGHT	\$170
SHAMPOO, CUT AND STYLE	\$85	PARTIAL FOIL HIGHLIGHT	\$100
LONG HAIR SHAMPOO, CUT AND STYLE	\$105	LONG HAIR PARTIAL FOIL HIGHLIGHT	\$120
GENTLEMEN'S SHAMPOO, CUT AND STYLE	\$45	BRIDAL STYLE	\$150
LONG HAIR GENTLEMEN'S SHAMPOO, CUT AND STYLE	\$65	SPECIAL EVENT STYLE	\$100
NOURISHING SCALP TREATMENT WITH BLOWOUT	\$75	ADD ON CURLS OR FLAT IRON	\$30
SINGLE PROCESS COLOR	\$85	CONSULTATION \$20 (\$20 fee to be applied to your next hair salon appointment)	
LONG HAIR SINGLE PROCESS COLOR	\$105	<i>*Pricing may vary depending on length of hair or additional styling modalities. Anything past the shoulders is considered to be "long" hair.</i>	

## SPA OPTIONS WHEN EXPECTING

### PREGNANT PAUSE PRENATAL SPECIALTIES

Despite what some may say, in the months and weeks leading up to the arrival of your new bundle of joy, your skin and body go through dramatic changes that can leave you feeling far from glowing! That's why we have created these special spa offerings to support you while you embrace this special time in your life, and help you to look and feel your best while baby is on board. To best support your existing pregnancy care plan, we ask that you seek clearance from your medical professional before engaging in any of our pre-natal spa services.

### BOTANICAL BABYMOON PRENATAL EXPERIENCE

2nd and 3rd trimester only please  
110 Minutes, \$285

Earthy mineral salts, healing botanicals and steaming towels are combined to soften and smooth the skin in a full body exfoliation experience, our signature removal technique means you can remain in a deep state of relaxation, never leaving the table. Release all tension and stress with a pre-natal massage featuring a specialty blend of supportive certified organic essential oils to help balance and harmonize the changing body and mind of a Mother-to-be. To conclude your treatment, warmed organic aloe gel is applied to the body to seal in hydration and support skin health. While you rest, a warm aromatherapy oil pressure point scalp and hair treatment is followed by a luxurious rosemary foot massage to complete this head-to-toe ritual.

### GREAT EXPECTATIONS FACIAL 50 minutes, \$155

A gentle replenishing and harmonizing facial designed just for expecting Moms! After analyzing the skin to identify imbalances and hormonal influences on the skin, our estheticians harness the power of gentle-yet-effective botanically based products to address unique prenatal skincare needs.

### PRENATAL HARMONY MASSAGE

Individual Treatment: 50 Minutes, \$160

Individual Treatment: 80 Minutes, \$220

Duet Treatment: 50 Minutes, \$170 per person

Duet Treatment: 80 Minutes, \$230 per person

Gentle Swedish massage with skin nourishing sunflower oil infused with Geranium, Grapefruit and Lavender essences supports balance and harmony of body and mind during pregnancy. This certified organic body oil helps reduce tension and is especially supportive for mothers-to-be. Unscented massage oil can be substituted upon request, and is recommended during 1st trimester.

## ROAD TO RECOVERY

Lansdowne Resort and Spa is proud and humbled to have the opportunity to bring comfort through the gift of touch to our guests who are survivors, as well as those currently coping with cancer and other significant medical challenges. To best support your existing care plan, we ask that you seek clearance from your medical professional before engaging in any of our spa services while undergoing medical care.

### ROAD TO RECOVERY MASSAGE

Individual Treatment: 50 Minutes, \$160

Individual Treatment: 80 Minutes, \$220

Duet Treatment: 50 Minutes, \$170 per person

Duet Treatment: 80 Minutes, \$230 per person

Oncology massage is the modification of existing massage therapy techniques in order to safely work with complications of cancer and cancer treatment. Recommended for anyone who has ever received cancer treatment, from those in active treatment to those in recovery or survivorship, as well as those seeking purely palliative care.

### ROAD TO RECOVERY CALMING FACIAL

50 minutes, \$155

Soothing and calming facial geared towards guests undergoing significant medical treatments (including but not limited to chemotherapy). The purpose of the facial is to promote wellbeing, skin nourishment, and guest relaxation, and as such does not include extractions or aggressive exfoliation.

### HEAD SHAVING/WIG TRIMMING Complimentary for oncology guests

We offer complimentary head shaving and wig trims for oncology patients in our salon.

# SPA MINÉRALE HELPFUL HINTS

Our spa in Northern Virginia is dedicated to customizing spa experiences for your needs. As a guest, we want to ensure you are comfortable during every facet of your visit and ensure all of your needs are met in a friendly and professional manner. We invite you to create your own spa experience at your own pace. The information below will help you get the most out of your visit to our spa.

## AGE GUIDELINES

Guests of Spa Minérale must be at least 18 years of age to enjoy a private spa service. Services to young spa-goers, guests between the ages of 13 and 17, are provided at our discretion and must be accompanied by a parent or guardian for the duration of any service.

## FOR YOUR COMFORT

For your comfort, Spa Minérale will provide robes and slippers for treatments. We also recommend shaving no less than two hours prior to any appointment for ultimate comfort.

## FOR YOUR SAFETY

Please be sure to inform your service provider if you are pregnant, have high blood pressure, heart ailments or any condition that may prohibit your taking heat, massage, or skin care therapies. We highly discourage alcohol consumption prior to, during, or immediately following spa treatments. Please avoid sun exposure following skin therapy treatments.

## FOR YOUR ENJOYMENT

For the peace, quiet and well-being of our guests we respectfully request that cell phones, tablets, and laptop computers be left outside or are turned off before entering the spa. Spa lounges, corridors, and locker rooms are quiet conversation areas, and we ask that groups and individuals respect the peaceful atmosphere for all guests, and use "spa voices". Spa Minérale also strictly prohibits smoking while in the spa.

## PROMPTNESS

Please arrive at least 20 minutes prior to your spa services to allow time to check in and change. If your schedule permits, we highly recommend arriving an hour early to enjoy our saunas, steam rooms, whirlpools and lounges. If you arrive late for your spa service, your service may be modified. In order to honor the next scheduled appointment, your service will still end at its scheduled time and charged in full.

## PERSONAL POSSESSIONS

Storage of valuables during spa treatments is not recommended, we request that you do not bring valuable possessions to the spa. If you are a guest of the resort, we encourage you to leave your personal belongings in the security of your guest room.

# SPA MINÉRALE HELPFUL HINTS

## RESERVATION PROCESS

To enjoy the best availability of spa services, we suggest making spa reservations at least three weeks in advance. We are proud to offer both male and female service providers, and you will be scheduled with either unless you state your preference during your reservation. We welcome walk-in requests, and will do our best to accommodate you based on availability.

## FACILITY FEE

Spa Minérale charges a facilities fee for those guests who wish to enjoy only our saunas, steam rooms, whirlpools or lounges. The use of these facilities is complimentary on the day of scheduled spa services, and subject to availability to those without treatments scheduled.

## PRICES AND PAYMENT

For your convenience we accept cash and all major credit cards, however we do not accept personal checks. You may also bill your spa charges to your guest room. All prices are subject to change without notice.

## GRATUITY

For spa treatments, gratuity is at your discretion. An 18-20% gratuity is traditional when receiving quality services. For groups of six or more, a 20% gratuity charge will be added to all treatments.

## CANCELLATION POLICY

We ask that you kindly observe a 24-hour cancellation and appointment change policy. Failure to cancel or alter an appointment with less than 24-hours' notice will result in a full charge of the treatment. "No-shows" will also be charged in full.

## RETURN POLICY

All treatments and packages are non-refundable, non-transferable, and non-exchangeable once purchased. If you are not fully satisfied with a product, it must be returned with a valid receipt to the spa within 10 days of the purchase. Products may only be returned for a credit or exchanged for a more suitable product.

LEESBURG  VIRGINIA

# LANSDOWNE

RESORT AND SPA

A DESTINATION HOTEL®

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